

Instructions for completing the DD Form 2796 (Post Deployment Health Assessment)

Log on to your AKO account
at <https://www.us.army.mil/suite/login/welcome.html>

Once on the AKO home page, click on "self service" at the top menu bar, click on "my medical" on the drop down that appears

Click on "my medical readiness" under "Medical Self-Service Resources." Then click on "deployment health assessments"

You will see three options, the DD2795, the DD2796, and the DD2900. Click on the DD2796 button and click on "start new survey"

Complete the new survey and when section 6 is done, scroll to the top of the page and click on "submit"

To print the form, click "edit form" to bring up the "print record" option, then "open" the .pdf file and then print. Individuals are encouraged to complete this important requirement before leaving their overseas duty station.

You MUST know your AKO username and password to electronically sign this form. You cannot electronically sign this with your CAC.

This one item alone could eliminate 1 hour from your redeployment out-processing.